

# May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Please note an activity/event may be cancelled or rescheduled due to changes in schedules, the weather or other circumstances beyond our control.</p> <p>Please pay attention to the bulletin boards regularly as these provide information on any changes that may occur for the week.</p> <p style="text-align: right;">Thank you.</p>			<p>1</p> <p>9:15a 30 minute Chair Yoga 1509 A</p> <p>3:00p Zentangle (Mindful doodling) 1509 CR</p> <p>2:30p-3:30 Heals on Wheels: Stress Management 1509 A ®</p>	<p>2</p> <p>10a-12p 1509 Craft room time</p> <p>10:30a Catholic Comm.-1509 A</p> <p>12p Lunch with the Chaplain in the DR</p> <p>1:00p Writing Class 1509 C</p> <p>2:30p Bingo 1509 A</p>	<p>3</p> <p>9:15a Exercise 1509 A</p> <p><i>Friday socials will be announced on the bulletin boards in common areas. Check the bulletin board regularly in your building for updates.</i></p> <p>7:00p Movie 1509 A <i>Forrest Gump</i></p>	<p>4</p> <p>2:00p Bible Study DR</p> <p>2:45p Bus to St. Olaf Catholic Church-1510 FL</p> <p>7:00p-8p Bingo in DR</p>
<p>5</p> <p>10:30a Worship 1509 A</p> <p>6p-8p Karaoke Club - all are welcome DR</p> <p>Cinco De Mayo</p> <p>Holocaust Remembrance Day</p> <p>World Laughter Day</p>	<p>6</p> <p>9:15a Exercise 1509 A</p> <p>11:00a Everyone Has a Story 1509 Conference Rm.</p> <p>2:30p: Joke Day! Come share jokes or funny stories!! (must be appropriate) 1509 A</p>	<p>7</p> <p>1:00p Bible Study 1509 A</p> <p>1:15p Coloring in the 1020 Party room</p> <p>2:00p Vanishing Vision 1020 Party Room</p> <p>7:00p Movie 1509 A <i>Cabaret</i></p>	<p>8</p> <p>9:15a 30 minute Chair Yoga 1509 A</p> <p>1:00p: Barb, mending lady will be in the 1509 CR</p> <p>2:30p-3:30 Heals on Wheels: Sleep, rest &amp; movement 1509 A ®</p> <p>3:00p Zentangle (Mindful doodling) 1509 CR</p> <p>6:30p Library committee meeting in Library</p>	<p>9</p> <p>10a-12p 1509 Craft room time</p> <p>10:30a Catholic Comm.-1509 A</p> <p>1030a Food Committee Meeting in DR</p> <p>1:00p Writing Class 1509 C</p> <p>2:30p Bingo 1509 A</p>	<p>10</p> <p>9:15a Exercise 1509 A</p> <p>7:00p Movie 1509 A <i>Turner &amp; Hooch</i></p> <p><i>Chaplain Sandra will have afternoon office hours in the Chaplain's Office</i></p>	<p>11</p> <p>2:00p Bible Study DR</p> <p>2:00p Movie 1509 A <i>Scent of a Woman</i></p> <p>2:45p Bus to St. Olaf Catholic Church-1510 FL</p> <p>7:00p-8p Bingo in DR</p>
<p>12</p> <p>10:30a Worship 1509 A</p> <p>6p-8p Karaoke Club DR</p> <p>Mother's Day</p>	<p>13</p> <p>9:15a Exercise 1509 A</p> <p>11:00a Everyone Has a Story 1509 C</p> <p>1:30pm Meet &amp; Greet for new residents with volunteer resident Karen, and Amanda in Activities. New residents come say hello in the Dining Room</p> <p>2:30p: Jeopardy 1509 A</p>	<p>14</p> <p>1:00p Bible Study 1509 A</p> <p>2:30p Living with Depression Support Group 1509 A</p> <p>7:00p Movie 1509 A <i>Presumed Innocent</i></p>	<p>15</p> <p>9:15a 30 minute Chair Yoga 1509 A</p> <p>2:30p-3:30 Heals on Wheels Nutrition 1509 A ®</p> <p>3:00p Zentangle (Mindful doodling) 1509 CR</p>	<p>16</p> <p>*Last day to sign up for men's breakfast before 10:30am with Amanda in Activities</p> <p>10a-12p 1509 Craft room time</p> <p>10a Watch man in the back of DR</p> <p>10:30a Catholic Comm.-1509 A</p> <p>1:00p Writing Class 1509 C</p> <p>2:30p Bingo 1509 A</p>	<p>17</p> <p>8:00a Men's Breakfast DR</p> <p>9:15a Exercise 1509 A</p> <p>7:00p Movie 1509 A <i>Notebook</i></p>	<p>18</p> <p>2:00p Bible Study DR</p> <p>2:45p Bus to St. Olaf Catholic Church-1510 FL</p> <p>7:00p-8p: Bingo in DR</p> <p>Armed Forces Day</p>
<p>19</p> <p>10:30a Worship 1509 A</p> <p>6p-8p Karaoke Club DR</p>	<p>20</p> <p>9:15a: Exercise 1509 A</p> <p><del>11:00a Everyone Has a Story 1509 C</del></p> <p>10:30a: Resident Council Meeting 1509 A</p> <p>2:30p: Jeopardy 1509 A</p>	<p>21</p> <p>1:00p Bible Study 1509 A</p> <p>2:00p Knitting in the 1509 Craft room</p> <p>7:00p Movie 1509 A <i>The Bridges of Madison County</i></p>	<p>22</p> <p>9:15a 30 minute Chair Yoga 1509 A</p> <p>1:00p: Barb, mending lady will be in the 1509 CR</p> <p>2:30p-3:30 Heals on Wheels Acupuncture, yoga &amp; massage 1509 A ®</p> <p>3:00p Zentangle (Mindful doodling) 1509 CR</p>	<p>23</p> <p>*Last day to sign up for women's breakfast before 10:30am with Amanda in Activities</p> <p>10a-12p 1509 Craft room time</p> <p>10:30a Catholic Comm.-1509 A</p> <p>1:00p Writing Class 1509 C</p> <p>2:30p Bingo 1509 A</p>	<p>24</p> <p>8:00a Women's Breakfast DR</p> <p>9:15a Exercise 1509 A</p> <p>7:00p Movie 1509 A <i>Something's Gotta Give</i></p> <p><i>Chaplain Sandra will have afternoon office hours in the Chaplain's Office</i></p>	<p>25</p> <p>2:00p Bible Study DR</p> <p>2:45p Bus to St. Olaf Catholic Church-1510 FL</p> <p>7:00p-8p: Bingo in DR</p>
<p>26</p> <p>10:30a Worship 1509 A</p> <p>6p-8p Karaoke Club DR</p>	<p>27</p> <p>9:15a: Exercise 1509 A</p> <p><del>11:00a Everyone Has a Story 1509 C</del></p> <p>1:45: Music in the 1425 Skyroom (7th floor), Liz Timm, piano &amp; song</p> <p><del>2:30p: Jeopardy 1509 A</del></p> <p>Memorial Day</p>	<p>28</p> <p>1:00p Bible Study 1509 A</p> <p>2:30p Living with Depression Support Group 1509 A</p> <p>7:00p Movie 1509 A <i>Quiz Show</i></p>	<p>29</p> <p>9:15a 30 minute Chair Yoga 1509 A</p> <p>3:00p Zentangle (Mindful doodling) 1509 CR</p>	<p>30</p> <p>10a-12p 1509 Craft room time</p> <p>10:30a Catholic Comm.-1509 A</p> <p>1:00p Writing Class 1509 C</p> <p>2:30p Bingo 1509 A</p>	<p>31</p> <p>9:15a Exercise 1509 A</p> <p>7:00p Movie 1509 A <i>Footloose</i></p>	

Key: ®- Register in advance  
 1510 FL\$- 1510 Front Lobby (Don't forget your \$)  
 1510 PR- 1510 Party Room  
 1509 A - 1509 Auditorium  
 1509C- 1509 Conference Room  
 1509 CR - 1509 Craft room  
 1509 P - 1509 Patio

DR- Dining Room  
 1020 PR - 1020 Party room  
 1425 SR - 1425 Sky room  
 — - Activity Cancelled