



April 2024

Happy April everyone!

We have many new residents and some new staff joining our Augustana community. Say hello and introduce yourself 😊

Here are some new staff members you may or may not be familiar with:

- Amina Muse—Assistant Director of Nursing
- Will Hambrick—Part time Security
- Olivia Scott—Full time Housekeeper

As we start April, watch out for April Fools' pranksters! Below are some interesting April Fools' pranks from around the world:

In Norway: In 1987, after reading that the government was planning to distribute 10,000 litres of wine confiscated from smugglers, hundreds of citizens turned up carrying empty bottles and buckets.

Great Britain: In 1980, those serial pranksters at the BBC announced that Big Ben, London's historic clock tower, would undergo a face-lift and become digital to keep up with the times. This one didn't go over so big, as enraged callers flooded the station with complaints.

In Germany: In 2009, BMW ran an ad promoting its new "magnetic tow technology." The invention enabled drivers to turn off their engine and get a "free ride" by locking onto the car ahead via a magnetic beam.

1510 11th Avenue S
Minneapolis
MN 55404
612-238-5555
a ministry of Cassia
CassiaLife.org

Directory *If you have phone service through Augustana, dial 9 first then the area code and 7 digit number.*

Emergency Numbers

Security.....612-290-5860
 Maintenance.....612-290-4835
 Home Health Aide Emergency Phone.....612-290-5221

<p><u>Business Office</u> Monday -Friday 8am to 4pm 612-238-5555</p>	<p><u>A&E Pharmacy</u> 612-238-8615</p>	<p><u>Silver Curl</u> <u>Beauty Shop</u> 612-238-5263</p>
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Housing

Jennifer Kuhn, Interim Director of Housing.....612-238-5260
 Marlene Yochim, Asst. Director of Housing.....612-238-5870

Social Services

Carol Dexter, Director of Social Services.....612-238-5261

Business Office

Sandy Grangruth, Office Manager.....612-238-5256
 Christy Crosby, Office Assistant.....612-238-5555

Activities

Amanda Singh, Activities.....612-238-5262
 Activity Information Line.....612-238-5500

Food Services

Devin Ramsey, Director of Food Services.....612-238-5269
 To Order Meals.....612-238-5265

Spiritual Life

Sarah Karber, Director of Spiritual Care612-238-5283
 Sandra Densmore, Volunteer Chaplain.....612-238-5283

Marketing

Nou Lee, Director of Marketing.....612-238-5255

Nursing

Abu Ahmed, Director of Health Services.....612-238-5047
 Nurse Manager.....612-238-5110

SPIRITUAL LIFE

Dear Amazing Augustana Residents,

This year, Earth Month collides with cosmic with a US solar eclipse that will cross our sky on April 8th. While Minneapolis is only going to experience about 75% of the totality, it is still a very exciting event. Total eclipses, provide a unique opportunity to study the sun. During a total eclipse, the sun's corona, that faint outer atmosphere that is normally overpowered by the sun's bright light, becomes visible. This allows scientists to study the corona's composition, temperature, and behavior. This knowledge helps us understand solar flares and eruptions that can impact Earth's technology and climate. Eclipses have also played a role in historical scientific advancements, like confirming Einstein's theory of relativity.

Culturally, eclipses have fascinated humanity for millennia. They are dramatic celestial events, and many cultures have woven them into myths and stories. Eclipses can be seen as symbols of change, rebirth, or even warnings. In the Navajo (Diné) culture, eclipses should not be viewed out of respect for the process of rebirth the Sun experiences. Whereas many Cherokee (Ani'-Yun'wiya') go outside and make noise to scare away the giant frog trying to eat the sun. The Ho-Chunk in Wisconsin believes eclipses, both sun and moon eclipses, are to be respected because the time during eclipses is a time of transformation. The Hopi (Hopituh Shi-nu-mu) believe the time during an eclipse is a time to pray and a time for ceremony.

In many traditions, eclipses symbolize turning points. Spiritually, they can be potent times for introspection and transformation. Earth Month, a time dedicated to our planet, adds an extra layer of meaning. The eclipse can be seen as a call to reconnect with the Earth, aligning with Earth Month's focus on environmental consciousness. It might grant us insights on how to better care for the planet, fostering a more sustainable future. A time to care for creation, a reminder that "God so loved the world..." and that humans were charged to care for it. Consider how you might use the reminders of our sacred planet to connect to your spirit this month.

Blessings,
Chaplain Sarah
Director of Spiritual Care
612-238-5283

INTERFAITH CALENDAR

4/6 – **Muslim:** Laylat al-Qadr - the holiest night of the year for Muslims as it's believed it's the night that the Quran was sent down from Heaven. The last ten nights of Ramadan are dedicated to praying and scripture reading as they believe this night of decree took place in one of those ten nights.

4/9-12 – **Muslim:** Eid al-Fitr - The holiday that marks the end of Ramadan. One of the most important Islamic holy days, a big meal is enjoyed to mark the end of Ramadan and celebrations go on for 3 days.

4/14 – **Sikh:** Baisakhi - Hindu start of the New Years. Greetings that wish good life in coming days are exchanged. In Sikhi the day commemorates the founding of the Khalsa, a distinctive Sikh brotherhood.

4/16 – **Buddhism:** Theravadin – New Year

4/21 - **Baha'i:** First Day of Ridvan - a commemoration of the twelve day period in 1863 when Baha'u'llah declared that he was God's messenger for this age. Work is to be suspended on days 1, 9, and 12 of the festival.

4/22-30 – **Jewish:** Passover - commemorates the Israelites being freed from slavery in Egypt.

4/23 – **Christian:** St. George Day - Christian remembrance of a person who, in the 4th century, was a martyr and became an ideal of martial valor and selflessness. Legend of killing a dragon is connected with this patron saint of England.

4/30 – **Orthodox Christian:** St. James the Great Day - Christian recognition of the martyrdom of the Apostle James the Great in 44 c.e

April

S L S G T R I C K S
F S A H Y E B R X P
F P U U O U G G L A
S L R N G W T L S S
M P O A S H E X N S
R G R W N H T R V O
A M T I E K I E S V
I X L A N R S N R E
N I D U C G S M E R
Q E A R T H D A Y O

Laughter

Pranks

Showers

Flowers

Earth Day

Rain

Spring

Passover

Sunshine

Tricks

COMMITTEE MEETINGS

Food Committee:

Thursday, 11th at 10:30am in the Dining room.

Library Committee:

Wednesday, 17th at 6:30pm in the Library.



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The name "Cassia" was inspired by an anointing oil referenced in the Bible that reflects our commitment to healing, wholeness and our desire to help those we serve to live well. According to sources familiar with ancient oils, Cassia is said to symbolize the heart of a servant.

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LIBRARY NOTES FROM THE LIBRARY COMMITTEE:

April showers bring May flowers. Meanwhile, we look at seed catalogs, catch the greening of trees and bushes, and watch for the first robins and other migratory birds. We also do our last house-bound reading.

For our April book theme we were torn between the Physically Challenged and the Middle-Eastern Immigrants, including Arab-Americans, who have more to their contributions than our numbering system and vocabulary.

BEHIND YOU IS THE SEA, by Susan Muaddi Darraj, is a novel that informs the reader about three very different Palestinian-American families. One is wealthy but dysfunctional; another is struggling to survive financially; and the third tells of a brother trying to help his sister, who has "dishonored" the family, according to the father. The story is valuable at breaking stereotypes about Palestinian-Americans. Published in 2024, this novel speaks to contemporary issues for immigrant families trying to adjust to America and serves to remind us that it is an arduous task to confront another culture.

-Book review by Karin Sargent.

Return of borrowed books continue. Donations and a few purchases have been added, and some needed supplies have been ordered. Come and see us. The Committee and Volunteers meet the 3rd Wed., April 17th @6:30 in the Library.