



RESIDENTS AMONG US

*Last month we met Mohamad Firouzeh.
This month, meet Sally Packard.*

Sally has two sons (Randy & Jim) who both live in Watertown, South Dakota. Her twin sister, Sue, lives in Davenport, Iowa.

Sally and her husband were foster parents to kids and dogs, and also sponsored and lived with some Chinese people from Vietnam.

Tulips and lilies of the valley are Sally's favorite flowers, and she enjoys eating salads.

Sally expresses she is "deeply blessed in living at Augustana with wonderful friends who are like family—both staff and residents. I am filled with joy"

**Please note this section may look a little different every time—sometimes in the form of questions or a simple paragraph(s)— or maybe even a photograph.*

SPRING FLING

It's time to put on your party clothes!
(DJ, Food, Dancing, Door Prizes)

Day: Saturday, June 4th, 2022

Place: Dining Room

Time: 7pm to 10pm

Cost: \$10.00

Before the dance, please talk to the leadership team (Dee Olson, Barb Busta, Judy Bergstrom or Naomi Donnellan) if the \$10.00 is a hardship for you, or you would like to contribute to a scholarship fund.

SUMMERTIME

Summer is for fun;
Let the child in you out to play
Plant some seeds
Watch them grow
Soak up sunshine wherever you go

Shirley Anderson

1510 11th Avenue S
Minneapolis
MN 55404
612-238-5555

a ministry of Cassia
CassiaLife.org

Directory

To dial, you need to dial "9", "area code", then the 7 digit number. You should be dialing 11 numbers total including the "9".

Emergency Numbers

| | |
|---------------------------------------|--------------|
| Security..... | 612-290-5860 |
| Maintenance..... | 612-290-4835 |
| Home Health Aide Emergency Phone..... | 612-290-5221 |

Housing

| | |
|--|--------------|
| Kelly Rice, Director of Housing..... | 612-238-5260 |
| Marlene Yochim, Asst. Director of Housing..... | 612-238-5870 |

Business Office

| | |
|--------------------------------------|--------------|
| Sandy Grangruth, Office Manager..... | 612-238-5256 |
| Becky Worden, Office Assistant..... | 612-238-5555 |

Social Services

| | |
|--|--------------|
| Carol Dexter, Director of Social Services..... | 612-238-5261 |
|--|--------------|

Activities

| | |
|--------------------------------|--------------|
| Amanda Singh, Activities..... | 612-238-5262 |
| Activity Information Line..... | 612-238-5500 |

Food Services

| | |
|---|--------------|
| George Serra, Corporate Director of Food Services.... | 612-238-5264 |
| To Order Meals..... | 612-238-5265 |

Spiritual Life

| | |
|--|--------------|
| Sarah Karber, Chaplain..... | 612-238-5283 |
| Sandra Densmore, Volunteer Chaplain..... | 612-238-5283 |

Marketing

| | |
|--|--------------|
| Rose Flahn, Director of Marketing..... | 612-238-5255 |
|--|--------------|

Nursing

| | |
|--|--------------|
| Mariah Lee, Director of Health Services..... | 612-238-5047 |
| Sarah Caron Asst. Director of Health Services..... | 612-238-5046 |
| Care Suites Manager..... | 612-238-5405 |

Front Office

Monday-Friday
8 A.M.—5:30
P.M.
Saturday
9 A.M.— 3 P.M.
612-238-5555

A&E Pharmacy

612-238-8615

Silver Curl

Beauty Shop

612-238-5263

SPIRITUAL CARE

Dear Amazing Augustana Residents,
Each month there are a wide variety of themes and observances that are available to celebrate. In June, a few of those are Alzheimer's & Brain Awareness Month, African-American Music Appreciation Month, Pride Month, and PTSD Awareness month. These open our senses to engage and consider other perspectives and experiences around us. As always, these celebrations as well as the religious ones mentioned in the calendar we include each month are opportunities to practice kindness. Even simple acts can inspire others to pay it forward in other acts of kindness. Kindness is even good for your health according to "The Rabbit Effect" so consider ways that you might be able to reach out to your neighbors in acts of kindness this month.

Blessings,
Chaplain Sarah
Director of Spiritual Care
612-238-5283

JUNE INTERFAITH CALENDAR

6/2 - **Orthodox Christian:** Ascension of Jesus - Christian recognition of the departure of Jesus from earth after the resurrection. It is perhaps the earliest observed celebration in Christianity. It is observed with worship including prayers and music.

6/5 – **Christian:** Pentecost - Christian observation of the day when the God the Holy Spirit came to the disciples in the forms of tongues of fire and rushing wind. It is a traditional day for baptism and confirmation of new Christians.

6/4-6 – **Judaism:** Shavuot - Jewish celebration of Moses' descent from Mt Sinai with the ten commandments. Plants and flowers are used in decorations.

6/8 – **Baha'i:** Race Unity Day - A day that promotes racial harmony and understanding in the Baha'i faith.

6/9 - **Celtic Christian:** St. Columba of Iona - Christian recognition of Columba who began the famous community of Iona off the coast of Scotland in 563.

6/12 - **Orthodox Christian:** Pentecost - Christian observation of the day when the God the Holy Spirit came to the disciples in the forms of tongues of fire and rushing wind. It is a traditional day for baptism and confirmation of new Christians.

6/12 – **Christian:** Trinity Sunday - Christians honor the belief in one God with a threefold nature.

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RESIDENT COUNCIL MEETING (A SUMMARY): MAY 16TH, 2022

- The Council is preparing for the Spring Fling, to be held on June 4th from 7:00 to 10:00 in the Dining Room. We are working on decorations, food, and door-prizes. We will be posting flyers and looking forward to a large attendance and a lot of fun! Cost: \$10.00 per person.
- Building Reports:
 1. The car-jacking by 1020 a concern and addressed by management.
 2. Discussed hallway temps in 1020, door closures in 1020, smoking in the correct areas on the plaza.
 3. Pet Policy addressed by management.
 4. 1509 patio, broken cement in places; also in 1020 patio.
- Spiritual Life committee sponsoring a memorial service on Sunday, May 22 at 3:00 for those who have died in the past two years.
- Catholic Charities has invited Augustana residents for a tour on May 27.
- The Council has ordered flowers/bulbs to be planted next year. If anyone cares to donate to the "flower fund," contact the Resident Council.

RESIDENT COUNCIL BUILDING REPS

Please contact your building rep with any concerns, questions or ideas.

1510: Tim H., Jeanne M., Karen P.

1020: Anthony B., Pat B., Carolyn K., Darryl L., Jim S.

1509: Rose A., Albert C., Steve I.

1425: Margaret Mary K., Kathy M., Laurie R.,

COMMITTEE MEETINGS

Food Committee:

Thursday, 9th at 10:30am in the Dining room

Spiritual Life Committee:

Tuesday, 14th at 11am in the 1020 party room

Library Committee:

Wednesday, 28th at 630pm in the 1020 party room

6/16 - **Catholic Christian:** Corpus Christi - celebration in recognition of the Eucharist - the Blessed Sacrament of the Body and Blood of Christ. The real presence of the body and blood of Jesus is honored.

6/19 - **Orthodox Christian:** All Saint's Day - The day in Eastern Orthodox Christianity that designates the end of the Easter season.

6/19 - **Swedenborgian:** New Church Day - (Church of the New Jerusalem) annual commemoration of the vision document, "The True Christian Religion", by Emanuel Swedenborg in 1770.

6/21 - **Wicca/Neo Pagan:** Litha - Summer Solstice - Summer Solstice, celebrating the longest day and the blessings of light as well as the beginning of the sun god's death. Begins at sundown.

6/22 - **Canadian Native People:** First Nations Day - (Indian, Metis and Inuit) most sacred day on the summer solstice. Communities hold feasts and invite guests. Also known as National Aboriginal Day.

6/24 - **Catholic Christian:** Sacred Heart of Jesus - occasion to pay homage to Christ's all-encompassing love for humanity. Solemn worship is observed.

6/24 - **Christian:** Saint John the Baptist - Christian remembrance of the birth of St. John the Baptist who announced the coming of Jesus.

6/27 - **Latter Day Saints:** Martyrdom of the Prophet Joseph Smith and his Brother Hyrum - The Prophet Joseph Smith and his brother Hyrum were assassinated in 1844 while incarcerated in Carthage, Illinois.

6/29 - **Christian:** Feast Day of Saints Peter and Paul

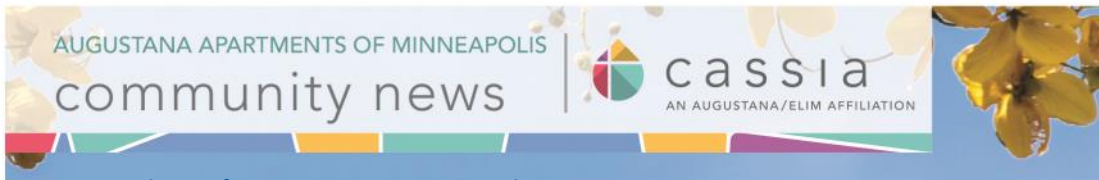
6/29-7/3 - **Zoroastrianism:** Ghambar Maidyoshem - Celebrates the creation of water, the sowing of the summer crop, and the harvesting of grain.

SALVATION ARMY BIN

Wednesday 1st: Blue Bin by Salon. Please do not leave donations on the floor—place them inside of the bin. If the bin is full, please save your donations for another time. Thank you! Donate used clothes, books, kitchen items or accessories. Must be clean. No pillows.

VANISHING VISIONS

For persons with low vision and blindness:
Meeting in the 1509 Conference Room in the 1509 lower level from 2PM to 3PM.



1510 11th Avenue S
Minneapolis
MN 55404



More in the Community

The name "Cassia" was inspired by an anointing oil referenced in the Bible that reflects our commitment to healing, wholeness and our desire to help those we serve to live well. According to sources familiar with ancient oils, Cassia is said to symbolize the heart of a servant.

612-238-5555
a ministry of Cassia
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FROM THE LIBRARY COMMITTEE:

Library notes for the summer will be recommendations for books that you can enjoy while relaxing outside in the shade or sun. This first book is Somewhere Safe with Someone Good by Jan Karon reviewed by June Englund:

Father Tim and his wife Cynthia are back in Mitford after spending his first five years of retirement as interim pastor far from home. His adopted son Dooley is doing well at university but Dooley's brother Sammy is struggling with the pain of his mother's abandonment. Father Tim is trying to help him as well as finding something meaningful to do. He decided, with other villagers, to help the young woman owner of the local bookstore to stay open while she is forced to be on bedrest or leave her baby. Christmas at Mitford is magical and the story is a gentle one with many people that we know from previous books and a few new people added to keep things interested.

If I could find Mitford on a map I would move there in a minute.

All of these Jan Karon books can be read separately as well as in sequence. Each book is a story in itself. HAPPY SUMMER READING!

SPECIAL SHOUTOUT TO STEVE IRELAND:

Steve has been such a special and important part of Augustana. Many residents know they can always rely on Steve to lend a helping hand. He often-times reminds us he loves helping..."It makes me happy." He sees the good in everyone and treats everyone like a friend.

The residents and staff will miss you very much Steve. Thank you for your dedication and hard work in volunteering. Thank you for your patience and kindness. We wish you well in the new chapter of your life. Take care!